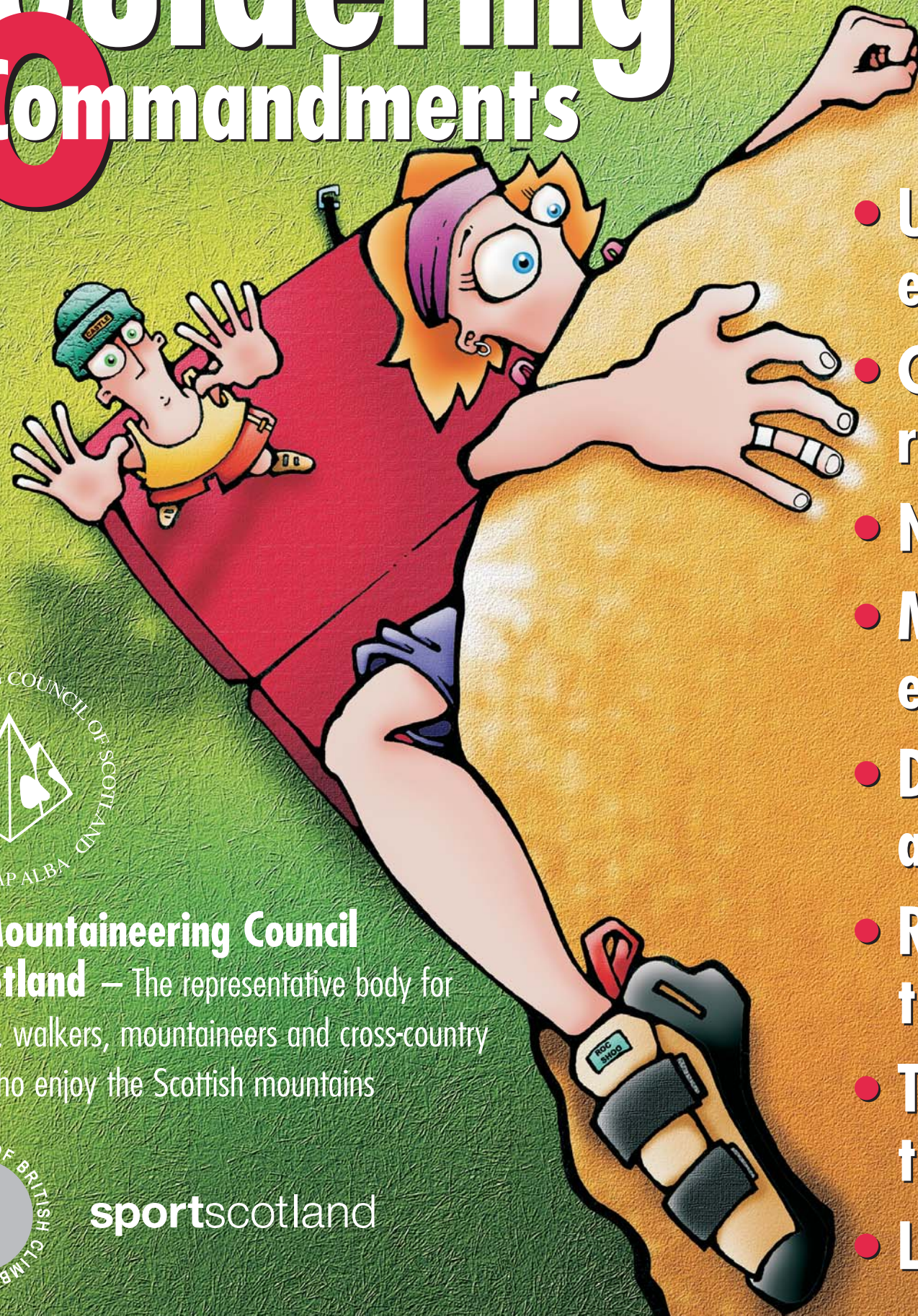


Bouldering 10 Commandments



- No chipping
- No wire brushing – use a nylon brush if cleaning holds

- Use bouldering mats to reduce ground erosion and vegetation damage
- Clean and dry your footwear to reduce rock damage
- No resin (pof)
- Minimise chalk use – brush away any excessive build up
- Dry wet holds with a towel or wait until a windy day – no blowtorching please
- Remove carpet patches or towels – they kill off vegetation and create a mess
- Take all litter home and follow the Scottish Outdoor Access Code
- Leave vegetation in place – no gardening please



The Mountaineering Council of Scotland – The representative body for climbers, walkers, mountaineers and cross-country skiers who enjoy the Scottish mountains



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