



THE MOUNTAINEERING COUNCIL OF SCOTLAND

www.mcofs.org.uk

The Old Granary
West Mill Street
Perth PH1 5QP
Tel: 01738 493 942

SAFETY & GOOD PRACTICE SEMINAR – BOOKING FORM 11th - 13th November 2011 Glenmore Lodge, Aviemore

BLOCK CAPITALS PLEASE

First Name.....**Surname**.....

Address.....

.....

.....**Post Code**.....

Tel No(s).....

Email.....

Age (minimum 18 years).....

Male

Female

Name of university and club.....

Position within club (e.g. President, Secretary, ordinary member etc.)

.....

Medical information Please declare any medical conditions, allergies or significant disabilities which you have including any treatment you are receiving

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Special dietary requirements.....

Name and telephone number of a person to be contacted in case of emergency.....

.....

If possible, I would like to share a room with.....

The seminar fee is £20 per student (cheque payable to **The Catherine Smith Memorial Trust**).

This includes overnight accommodation in Glenmore Lodge on Friday and Saturday.

Sleeping bags and towels are required. Food is provided from breakfast on Saturday to lunch on Sunday.

Please be aware of the MCoFS Participation Statement:-

Climbing, hill walking and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.

I am physically fit for the activities that will be undertaken during the seminar.

Signed.....Date.....

Please sign this form send it to **Roger Wild PO Box 7046 FORT WILLIAM PH33 9AB**
Remember to include a £20 cheque payable to **The Catherine Smith Memorial Trust**