



## MCofS News Release

9<sup>th</sup> December 2011

For immediate release

### **MCofS Free Winter Safety Lectures “Could Save Lives”**

MCofS Winter Safety Lectures are free, sociable, informative, fun, and could even save a life. What’s more, that life could be yours or someone very close to you.

The Mountaineering Council of Scotland (MCofS) Winter Safety Lectures are about to hit the road, so check out the dates and come along to see one of Scotland’s top mountaineers at a venue close to you. This season’s lectures take place in popular venues including the Clachaig Inn at Glencoe and the Mountain Café in Aviemore. We’ve also teamed up with Tiso again to promote another 5 lectures at Tiso stores in Edinburgh, Glasgow, Aberdeen, Perth and Inverness.

The aim of the lectures is to entertain and educate, and the main theme is skills for the mountains in winter. In order to deliver this, an inspiring array of speakers has been chosen to present the 2012 lecture series and an entertaining evening out is guaranteed.

MCofS Mountain Safety Adviser, Heather Morning, said: “The MCofS winter safety lectures have something to offer everyone who enjoys the Scottish mountains in winter. Whether you are a seasoned mountaineer or heading to the mountains for the first time, you are guaranteed to pick up some useful ‘top tips’ from the experts.”

MCofS Chief Officer David Gibson said: “Winter mountains have much to offer in terms of physical challenge, superb views and memorable experiences. However, the margin for error is much less than at other times of the year due to the weather, conditions underfoot and limited daylight hours. These lectures could save lives by enabling you to learn from others’ experience and gain an understanding of the skills and equipment you need to be more self-reliant.”

This winter’s dates, venues and speakers are as follows:

#### **Aviemore Mountain Café**

28<sup>th</sup> December      Simon Steer

25<sup>th</sup> January        Di Gilbert

1<sup>st</sup> February          Daz Streatham  
8<sup>th</sup> February          Adele Pennington  
15<sup>th</sup> February        Tamsin Gay  
22<sup>nd</sup> February        Mark Chadwick

**Clachaig Inn, Glencoe**

7<sup>th</sup> February          Heather Morning  
14<sup>th</sup> February        Adele Pennington  
21<sup>st</sup> February        Richard Bentley  
28<sup>th</sup> February        Davy Gunn

**Tiso Stores**

25<sup>th</sup> January          Edinburgh Outdoor Experience          Heather Morning  
26<sup>th</sup> January          Glasgow Outdoor Experience          Heather Morning  
2<sup>nd</sup> February          Aberdeen Tiso                                  Di Gilbert  
9<sup>th</sup> February          Perth Outdoor Experience                  Heather Morning  
16<sup>th</sup> February        Inverness Outdoor Experience          David "Heavy" Whalley

For further information contact Heather Morning on [heather@mcofs.org.uk](mailto:heather@mcofs.org.uk) or 01479 861 241 or visit: <http://www.mcofs.org.uk/winterlectureseries.asp>.

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**Notes for Editors:**

The Mountaineering Council of Scotland (MCofS) acts to represent, support and promote Scottish mountaineering.

MCofS is a membership organisation with 11,000 members representing hill walkers, climbers and mountaineers, funded through a combination of membership subscriptions; non-governmental grants; and investment from sportscotland, which supports public initiatives and services in mountain safety, mountain weather information services, mountain leader training and the development and promotion of mountaineering activities. MCofS is a not for profit company limited by guarantee and incorporated in Scotland. Company number SC322717.